

## Walk-In Package Listing 2023

\*All the Prices Below Are Subject to 8% GST

		Basic Package	Vibrant Package	Radiant Package	Dynamic ckage	Prime Package	Prime Executive	Supreme Package
		\$35	\$80	\$120	\$190	\$350	\$700	\$1,300
	Physical Examination by Doctor						•	•
Physical Examination	Post Screening Review by Doctor		•	•	•	•	•	•
	Height Measurement	•	•	•	•	•	•	•
	Weight Measurement	•	•	•	•	•	•	•
	Body Mass Index	•	•	•	•	•	•	•
	Blood Pressure Measurement	•	•	•	•	•	•	•
	Body Composition Analysis	•	•	•	•	•	•	•
	Waist Circumference Measurement	•	•	•	•	•	•	•
	Waist Hip Ratio Measurement						•	•
	Total Cholesterol	•	•	•	•	•	•	•
	HDL Cholesterol	•	•	•	•	•	•	•
Lipid Profile	LDL Cholesterol	•	•	•	•	•	•	•
	Cholesterol Ratio	•	•	•	•	•	•	•
	Triglycerides	•	•	•	•	•	•	•
	Blood Glucose	•	•	•	•	•	•	•
Diabetic Profile	HBA1C				•	•	•	•
	Total Bilirubin		•	•	•	•	•	
	Alkaline Phosphatase		•	•	•	•	•	
	SGPT (ALT)		•		•	•	•	•
	SGOT (AST)		•		•	•	•	•
Liver Profile (To Detect	Gamma GT (GGT)							
Fatty Liver)	Total Protein		•	•	•	•	•	•
,			•	•	•	•	•	•
	Albumin		•	•	•	•	•	•
	Globulin		•	•	•	•	•	•
	Alb/Glob Ratio		•	•	•	•	•	•
	Hep B s Antigen (HBsAg)				•	•	•	•
Hepatitis Profile	Hep B s Antibody (HBsAb)				•	•	•	•
	Hep A Antibody (HAV IgG)				•	•	•	•
	Urea		•	•	•	•	•	•
	Creatinine		•	•	•	•	•	•
	Potassium		•	•	•	•	•	•
	Sodium		•	•	•	•	•	•
Kidney Profile	Chloride		•	•	•	•	•	•
ridicy i folic	eGFR		•	•	•	•	•	•
	Urine FEME		•	•	•	•	•	•
	Urine Microalbumin			•	•	•	•	•
	Urine Creatinine			•	•	•	•	•
	Microalbumin/Creatinine Ratio			•	•	•	•	•
Endander Berich	Free Thyroxine (FT4)				•	•	•	•
Endocrine Profile	Thyroid Stimulating Hormone (TSH)				•	•	•	•
	Calcium			•	•	•	•	•
Bone&Joint Profile	Phosphate			•	•	•	•	•
	Uric Acid		•	•	•	•	•	•
Vanana I Bi	Rheumatoid Arthritis			•	•	•	•	•
Venereal Diseases	Venereal Disease Research Lab			•	•	•	•	•
Full Blood Count & Hb Indices	Hb, Total WBC, Total Red, Platelet, PBF, Differential Count, MCV, MCH, MCHC ESR			•	•	•	•	•
					_			
Charl Arrabas'	Blood Group				•	•	•	•
Stool Analysis	Stool Occult Blood Test				•	•	•	•

		Basic Package \$35	Vibrant Package \$80	Radiant Package	Dynamic ckage \$190	Prime Package	Prime Executive	Supreme Package \$1,300
				\$120				
	Liver (AFP)				•	•	•	•
Tumour Marker Tests	Stomach/Colon (CEA)				•	•	•	•
	Ovarian (CA125)					(Female)	(Female)	(Female)
	Prostate (PSA)					(Male)	(Male)	(Male)
	Pancreas (CA19.9)					•	•	•
	Nose & Throat (EBV)					(Male)	(Male)	(Male)
	Breast (CA15.3)					(Female)	(Female)	(Female)
						(i emale)	, ,	, ,
	Germ Cell (Beta HCG)						•	•
Premarital Tests	Female: Rubella IG Antibody + HB Electrophoresis (Thalassemia Screen)		Female: Top up <b>\$85.00</b>					
	Male: HB Electrophoresis							
	(Thalassemia Screen)		Male: Top up <b>\$55.00</b>					
Heart Risk Indicator	Highly Sensitve C-Reactive Protein (HSCRP)					•	•	•
	Bone Mass Density						•	•
*Special Value- Added Features	Ultrasound Carotid Scan is to detect risk of stroke/ cholesterol plaque in the artery (Verified by Cardiologist)		Top up <b>\$120.00</b> (U.P. \$190) for Carotid Scan & Bone Mass Density					•
ECG	Resting Electrocardiogram (ECG)						•	•
Oxygen Saturation	Pulse Oximeter (SpO2)						•	•
Eye Pressure Test	Tonometry						•	•
•	Visual Acuity						•	•
Eye Screening	Near Vision						•	•
	Colour Vision						•	•
Advance Cardiac Risk Assessment Profile	Apolipoprotein A&B @ \$50							•
Hormone Screen	Progesterone							(Female)
normone screen	Estradiol							(Female)
	Testosterone							(Male)
Vitamin Profile	Vitamin D							•
	Vitamin B12							•
	Folate							•
Other Tests	Stress Treadmill Ultrasound Liver						Choose 1	•
	Ultrasound Pelvis (Female)							(Female)
	Ultrasound Prostate (Male)							(Male)
	Mammogram => 40 Years Old (Female)							, ,
	Ultrasound Breast < 40 Years Old (Female)							Choose 1
	HIV Test							•
	Chest X-Ray							•
	Pap Smear (Thin Prep)							(Female)
	Ultrasound Full Abdomen							(Male)

Breast (CA15.3) – Female Only - Cancer-Antigen 15.3 is used to monitor breast cancer.	Stomach/Colon (CEA) - Carcinoembryonic Antigen is a type of molecular			
Liver (AFP) - Alpha-Fetoprotein is a protein to screen for liver cancer.	protein, which can be found in many different cells in our body. A rise in CEA level indicates progression or recurrence of the cancer.			
Nose & Throat (EBV) - Epstein-Barr Virus is a common virus, which can be linked to several rare cancers; Hodgkin Lymphoma, Nasopharyngeal carcinoma etc.	Pancreas (CA19.9)  - This test screen for Pancreatic cancer. Pancreas produce enzymes to digest food, as well as insulin to regular blood sugar.			
Ovarian (CA125) – Female Only - CA125 is a protein found in women. Women with Ovarian Cancer have relatively high level of CA125 in their blood stream.	Prostate (PSA) – Male Only - Prostate-Specific Antigen is a protein produced by cells of the prostate gland and is to screen for prostate enlargement and disorders.			

## Other Tests @ \$45.00 each (by using the same amount of blood taken)

Germ Cell (Beta HCG) - Elevation of Beta Human Chorionic Gonadotropin level indicates abnormalities in Uterus (Female) or Testicular (Male).	Stomach Ulcer (Helicobacter Pylori) - Helicobacter Pylori is a bacterium in the stomach. This bacterium causes chronic inflammation which may lead to stomach ulcers & gastritis.
C-Reactive Protein (HSCRP) - High Sensitive C-Reactive Protein is to measure the level of inflammation in the body. This may lead to several heart-related conditions such as; Heart Attack, Stroke, Peripheral Arterial Disease.	Testosterone - This is the principal male sex hormone that plays key roles such as enhanced libido, energy, immune function and protection against bone loss. Testosterone levels decline gradually with men.

## Other Tests (by using the same amount of blood taken)

Anti-CCP Blood Test  - Anti-CCP antibody testing helps to evaluate the likely development of RA in people whose RA Factor shows negative but noted to have joint pain.	\$80.00	Blood Group Screen  - A blood type is a classification of blood based on the presence or absence of inherited antigenic substances on the surface of red blood cells.	\$20.00
Endocrine Profile - Thyroid Function Test – Free Thyroxine (FT4) + Thyroid Stimulating Hormone (TSH)	\$40.00	Flu Vaccination - Also known as flu shots or flu jabs, are vaccines that protect against infection by influenza viruses.	\$30.00
Hepatitis Screening (A & B) - Hepatitis A & B can lead to complications such as chronic Hepatitis, liver failure, liver cancer and liver cirrhosis (hardening of liver).		Full Blood Count - Test for disorders and abnormalities of the blood but, as blood travels throughout the whole body, it can give an indication of disease present in other organs.	\$30.00
		Vitamin D - Insufficiency of Vitamin D will lead to osteoporosis.	\$120.00

## **Book Your Appointment via the 1doc App**

Step 1: Download the 1doc App: 1doc.sg/app

Step 2: On the 1doc App homescreen, tap on "Ind Health Screening"

Step 3: Select a health screening package at your preferred location & select add-ons (if any)

Step 4: Select an appointment date & time > Tap Confirm

**Step 5:** Your appointment card will be shown on your 1doc App homescreen. You may reschedule or cancel by tapping on the appointment card.

For further assistance, you may call 6250 7623 or email appointments.iwell@ourheartvoice.com